

***KEEP OUR SEWERS...***

***FOG***

**FOG stands for “fats, oils, and grease”. FOG can come from many common food items like butter and cooking oils. But they’re also found inside meats, salad dressings, and a lot of other every day household items.**

***FREE***

***DON'T PUT FOG DOWN THE DRAIN...***

**When you pour FOG down the drain, it can harden and clog your plumbing and the sewer system.**

**Garbage disposals don't help reduce FOG.**

**Running hot water doesn't help reduce FOG problems either.**

**FOG can cause sewer back ups at your home, and it can cause sewer overflows in the system.**

***WHAT YOU CAN DO...***

**Pour FOG into a disposable container. You can use old soup cans, baby food or pickle jars. Save grocery bags or Ziplocs to line your containers so that you can use them again.**

**When the FOG hardens, simply throw the liner into the trash can.**

**Scape food scraps into the trash too!**

**Wipe your pots and pans down to remove excess FOG before rinsing them.**